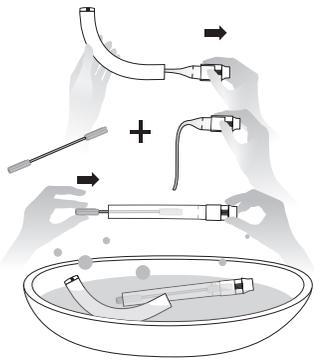
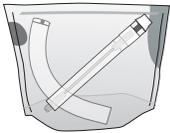


QUICK START GUIDE Cleaning

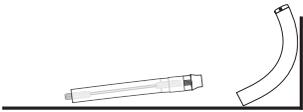
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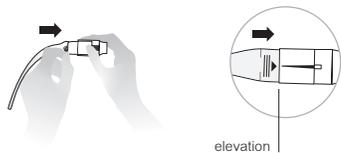


III



GETTING STARTED Assembly

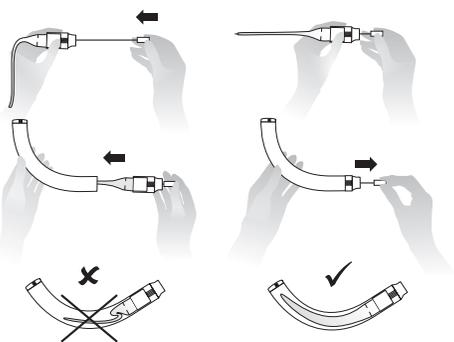
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II



III



INSTRUCTIONS Cleaning

I Cleaning / Disinfection

For cleaning disconnect the mouthpiece with the valve hose from the curved tube and insert the drying spatula into the hose. Important: Throughout the cleaning process, the drying spatula must keep the valve hose open to prevent it from sticking together. All parts may be cleaned in a vaporizer, by means of steam or in boiling water at temperatures between 121°C and 134°C. If used regularly, clean the device at least twice weekly.

II Further cleaning possibilities:

RC-Clean cleaning bag

Disassemble the RC-Corner® as described in Section I. Place all parts in the cleaning bag. Further instructions can be found on the RC-Clean cleaning bag. (See accessories)

III Drying

During the drying process, the drying spatula is designed to hold the valve tube open to prevent the tube from sticking.

ASSEMBLY DIRECTIONS

I If you have removed the valve tube from the mouthpiece, attach it to the mouthpiece again, up to the four elongated elevations.

For insertion of the valve tube to the mouthpiece, use the insertion aid in the curved tube

II Please be sure that the flat side and the grooves align with the arrow indicator on valve tube.

III The tube cannot have kinks or bulges in the curve. For this reason, you should always use the insertion aid to guide the valve tube (and mouthpiece) back into the curved tube.

Important:

Do not forget to remove the insertion aid!
Keep all parts out of the reach of children.

ACCESSORIES AND ADDITIONAL PRODUCTS

RC-Corner® valve hoses silicone

Double pack

article-no. 216EN

PPN 110 045 814 776



RC-Clean

Cleaning bag for the microwave

Easy and quick cleaning of medical products as well as baby items.

Use only for microwave safe products.

article-no. 500EN

PPN 111 075 103 265 / PIP 393-6424



RC-Corner® tracheal mask

article-no. 3012EN

PPN 110 367 301 849



Replacement parts are available in pharmacies, medical supply stores, or at www.cegla-shop.com

RC-Corner® is meant for use by a single patient. For clinical reuse instructions for multiple patients, visit www.cegla.de

For more information: www.cegla.de

Materials:

- Silicone
- PP (Polypropylen)

article no. 210EN

PPN 110 841 866 756

PIP 392-5542

2198 - 03/2017



LATEX FREE



NON STERILE



QUANTITY: 1



NO DEHP



DO NOT USE IF DAMAGED



CONSULT INSTRUCTIONS



CE



REF 210EN

CEGLA
MEDICAL TECHNOLOGY

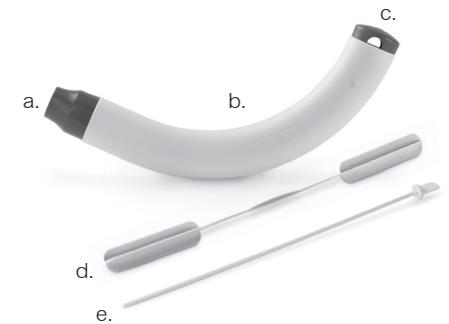
Manufacturer:

R. Cegla GmbH & Co. KG
Horresser Berg 1
56410 Montabaur
Germany
www.cegla.de

RC CORNER®

RC-CORNER® (Basic Corner)

For physiotherapy of respiratory and pulmonary disease



Please carefully read through all of the usage directions before the first use.

Please clean before the first use.

This RC-Corner® package contains:

- Mouthpiece with valve tube
- Curved tube
- Silencer
- Drying spatula
- Insertion aid

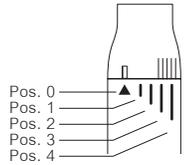
CEGLA
MEDICAL TECHNOLOGY

QUICK START GUIDE

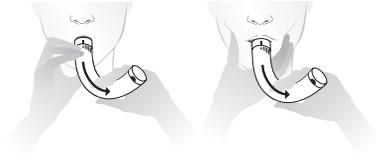
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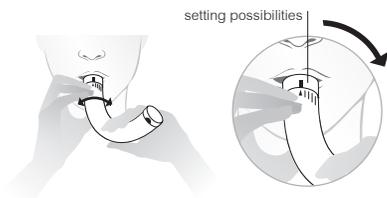
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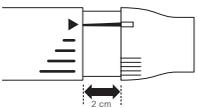
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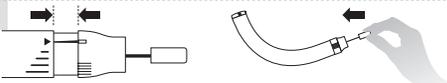
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V



VI



VII



VIII



INSTRUCTIONS FOR USE

I Insert the RC-Cornet® in the mouth and close the lips. Please do not bite the mouthpiece.

II Choose the mouthpiece setting for the type of treatment. **To widen and stabilizing the airways**, select a position between 0 to 2. Select positions 3 and 4 **for mobilizing the bronchial mucus**. Always start therapy at position 0 and wait 2 minutes before switching to your preferred position.

III Breathe out through the RC-Cornet®. This creates positive pressure in the bronchial system as well as vibrations and a muffled sound. As you become used to breathing out through the RC-Cornet®, take deeper breaths and exhale all of the air out through the RC-Cornet®. Recommendation: Use your free hand to press your cheeks together to avoid a loss in pressure.

IV By turning the mouthpiece, you can find the most comfortable and effective setting for exact pressure and flow fluctuations. Put the RC-Cornet® in the mouth as described above and securely hold the mouthpiece with one hand. With the other hand, slowly turn the tube clockwise while blowing into it. Through blowing and slowly turning, the required pressure builds up and the resulting sound changes.

V If it is difficult to breathe out using the standard position, the mouthpiece may be pulled 2 cm out of the curved tube. The hose will then begin to vibrate at pressure as low as 5 cm of H₂O.

VI When you push the mouthpiece back into the tube, always use the insertion aid.

VII If you feel like you have to cough while blowing into RC-Cornet®, try to continue exhaling as long as you can. If you must cough, try and cough up the mucus. Imagine you want to 'fog up' a pane of glass or a mirror. By exhaling in this way, by 'huffing' as the medical term is called, it should be easier for you to expel mucus from the bronchial airways. **Please do not expel phlegm into the device!**

VIII The recommended usage is 3 times daily for 2-5 minutes as well as when you notice mucus obstruction. As with all types of physical therapy, the RC-Cornet® is most effective with regular usage.

PURPOSE FOR USE

The RC-Cornet® is an aid to loosen and remove bronchial secretions associated with: Chronic obstructive pulmonary disease (COPD), bronchiectasis, mucoviscidosis (cystic fibrosis), pulmonary emphysema, unproductive cough, diminished retraction force of the pulmonary tissue, and smoker's cough.

Effectiveness:

- rids irritating phlegm
- prevents unproductive coughing
- broadens airways to the pulmonary alveoli
- reduces shortness of breath
- improves gas exchange
- increases lung capacity
- lowers airway resistance
- prevents the number of stays in the hospital and the need for antibiotics

Notes:

Always begin therapy with position 0 and change to the desired position after 2 minutes. Patients with COPD, pulmonary emphysema, and smoker's cough prefer positions 0 and 2. Patients with bronchiectasis, mucoviscidosis (CF), and much viscous, firm phlegm prefer positions 0 to 2.

ADVICE:

The use of the RC-Cornet® does not rely on gravity. The device may be used when lying, sitting, and standing. After you become accustomed to the RC-Cornet®, try to improve your breathing technique. Breathe in through your nose and exhale slowly through the RC-Cornet®. Important: Please expel all of your breath through the RC-Cornet®.

Physiological effects:

The RC-Cornet® works through vibrations in the chest which loosen and fluidize mucous in the bronchial tubes so that it is easier to expel.

Negative effects:

No negative effects are known from treatment with the RC-Cornet®. Hyperventilation (rapid breathing) may cause slight dizziness, or numbness in the mouth or hands. These occurrences are not dangerous and will disappear when normal breathing resumes.

⚠ Contraindications:

Presence of pneumothorax, blood-expectorating cough (massive hemoptysis), and intracranial pressure symptoms > 20 mm Hg.

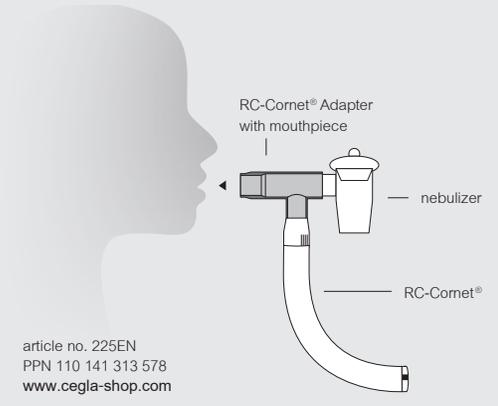
ADVICE: The RC-Cornet® should only be used after discussing it with the doctor treating you if the following are present:

- severe cardiovascular disease
- acute thrombosis
- acute coughing up of blood (hemoptysis)
- surgery or injury to the mouth, face, skull, or esophagus
- possible eardrum injuries
- pulmonary barotrauma
- significant cardiovascular insufficiency
- massive restriction of the respiratory pump
- repeated, substantial nosebleeds

EVEN MORE EFFECTIVE:

Combined Therapy

The combination of the RC-Cornet® therapy with an inhalation therapy by means of nebulizer (humidity inhaler) improves the medication disposition, reduces the entire length of therapy and increases the effectiveness of both therapies (nebulizers must be purchased separately).



article no. 225EN
PPN 110 141 313 578
www.cegla-shop.com

NOTES

Small, white condensation deposits on the tube or in the bent tube may appear from medical talc used during production of the tubes and these deposits are harmless.

The valve tube of the RC-Cornet® consists of silicone. It is recommended that the tubes are replaced every 6 months.